



2023 Class Schedule

Effective July 17, 2023

Monday		Tuesday	
5:30 – 6:00	ATA Tigers (3-6 years old)	5:15 – 5:45	Intermediate (7-12 years old)
6:00 – 6:30	Beginners (7-12 years old)	5:15 – 5:45	Advanced (7-12 years old)
6:30 – 7:00	Intermediate (7-12 years old)	5:45 – 6:15	Beginners (7-12 years old)
6:30 – 7:00	Advanced (7-12 years old)	6:15 – 7:00	Black Belts (12 and under)
7:00 – 7:30	Black Belt Weapons	7:00 – 7:30	Legacy Program (R/B. B/R/B, B)
7:30 – 8:15	Teen/Adult Color Belts	7:30 – 8:15	Teen/Adult Black Belts
Wednesday		Thursday	
5:30 – 6:00	ATA Tigers (3-6 years old)	5:15 – 5:45	Advanced (7-12 years old)
6:00 – 6:30	Beginners (7-12 years old)	5:15 – 5:45	Intermediate (7-12 years old)
6:30 – 7:00	Intermediate (7-12 years old)	5:45 – 6:15	Beginners (7-12 years old)
6:30 – 7:00	Advanced (7-12 years old)	6:15 – 7:00	Black Belts (12 and under)
7:00 – 7:30	Black Belt Sparring	7:00 – 7:30	Legacy Program (Red)
7:30 – 8:15	Teen/Adult Color Belts	7:30 – 8:15	Teen/Adult Black Belts
<p>ATA Tigers 3-6 years old (white belts with colored stripes)</p> <p>Beginners White, Orange Yellow Belts - 7-12 years old</p> <p>Intermediate Camouflage, Green, Purple Belts - 7-12 years old</p> <p>Advanced Blue, Brown, Red, Red/Black Belts - 7-12 years old</p>			